



## **'Get Out Of The Passenger Seat And Step Into The Driver's Seat Of Your Life'**

I believe everybody has the ability to sit in the driver's seat of their own life, to choose their own journey, their own destination.

Unfortunately, many people end up sitting in the passenger seat or even the back seat and allow others to dictate the route (whether that be uphill or downhill), what radio station to listen to and even how fast they should drive and where to stop on their life's journey.

### **Why is this so?**

Well, one significant reason is everyone gets a roadmap when they are born, a roadmap determined by their parents and by society.

If born a female, suddenly the world turns pink and the terrain of that pink world looks very different to the blue terrain of a male world.

### **Key Points delegates will leave with:**

- ★ Stop playing the same old CD 'The Sad Story of My Life'. Create a new CD of your life's story.
- ★ Which radio station are you tuning into? Is it the one broadcasting fear, hate, murder, crime and all sorts of mayhem? It is a choice!
- ★ Why is the front windscreen much bigger than the rear vision mirror? (This addresses how people choose to look back to the past and if they continue to do that, just like when driving, they will crash and burn.) Focus on the present by looking through the front windscreen; glance occasionally in the rear vision mirror to see where you have been and what you have learnt.
- ★ Would you pour coke into your car? So why pour junk fuel into your 'vehicle' and still expect it to look good and perform well.
- ★ How the current roadmap of your life may be driving you towards an unhappy destination and how you can change that. (This addresses the hidden beliefs we have and how those beliefs are impacting on the results we get today.)

*This talk is easily crafted to effectively address any  
conference theme or group outcome*