

# Leadership is Everyone's Business

A one or two hour talk

- **Why Don't We Speak Our Truth?**

As 'grown ups' it seems we've lost the ability to speak our truth.

Over 10,000 business participants have responded to this question. The most common, and illogical, reason for not speaking our truth is discussed.

- **There Is An 'I' In Team**

Whilst it is true 'Together Everyone Achieves More', it is also important to remember teams are made up of individuals, each with their strengths and their weaknesses. Strong, successful teams need different personality types.

- **Pointing The Finger Of Blame**

A major cause of lack of morale. This habitual behaviour creates a belief in one's inability to take accountability for one's life. We take a long look at the visual significance of the three fingers pointing back.

- **The Tree**

An engaging activity where participants are asked to draw a tree. The fun (and the lesson) begins when the real meaning of the tree is revealed. The two most commonly held beliefs are discussed including a strategy on how to stay grounded in conflict.

- **DWYSYWD (Do What You Say You Will Do)**

A perfect finish to this talk. If we do not do what we say we will do, then whatever it is we hold dear, whatever it is we value, will mean little.

**This talk ends with the contentious question: Is stress a choice?**

Note: This one hour talk can be extended by including a section on The Communication Code. Here, the impact of words, tone and body language on communication are discussed. Another popular communication section talks about how we communicate under stress.

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