

Team Excellence

How to Get From Now to Wow



Most people want to be part of a successful team, but if that is true why is it so many teams in the workplace are struggling to be healthy, happy and productive?

This one (or two) day workshop explores that very question and offers sound, practical techniques every team can use to create an environment all team members will be happy to be a part of, every single workday.

NOW - We Are Here

This is our reality check, we explore where the team is right now and what the consequences of that are:

- Are we 'Living the Team'?
- The Finger of Blame
- Engaged, not engaged or actively disengaged?

HOW - We Got Here

Diving deeper into the causes of habitual and automatic behaviour that does not serve our best interests and the best interests of the team:

- How what we believe dictates the results we currently get in life
- The Tree and how to use this tool to understand why we do what we do
- The OK Not OK Matrix - Discover why your conversations go pear-shaped

WHAT - We Want

- To believe in ourselves, to acknowledge our own qualities
- To understand how our non-verbal communication impacts team results
- To become good listeners, because most people are not
- How to say NO without offending

WILL - Take Action

- Speak your truth using the feedback model - 'I' Statement
- To always do what you say you will do, to be accountable
- Agree on and commit to team rules
- Conduct your 48 hour review of all new learning
- Implement your 3 Key-point Action Plan

WOW - To Celebrate

At every step, acknowledge your achievements and advancement.
Congratulate yourself individually, and the team collectively, at every opportunity.
End up smiling more.

Is that the end? No, this is a continuous model of 'Rinse and Repeat'.

Teams are a dynamic blend of individual personalities working with the constant changes and pressures in today's workplace environment. Teams need to *want* to work together to be excellent. So, when the time is right, we start again at NOW ...

This workshop can easily be presented over two days with the addition of how to deal with difficult personality types, personality profiling and time management on how to manage your workload. These sections can be swapped for day one content, if preferred.

Workshop Objectives

At the end of this workshop, participants will:

- Work more effectively as valuable, appreciated team members
- Develop deep clarity around why they are getting the results they are in life, and how to change those results, both in their private life and in the workplace
- Discover why they need to listen better
- Gain a greater awareness of how non-verbal communication is the true meaning of their message and how to improve that message

Victoria Rose has 31 years experience training people from all walks of life, all ages and from a diverse range of industries. Participant feedback often compliments her enthusiasm, energy and ability to engage the room for the entire day. Due to the fun, interactive and educational environment, many have said it is the best, most effective workshop they've ever been to.

Check out the website, send an email or call ... today